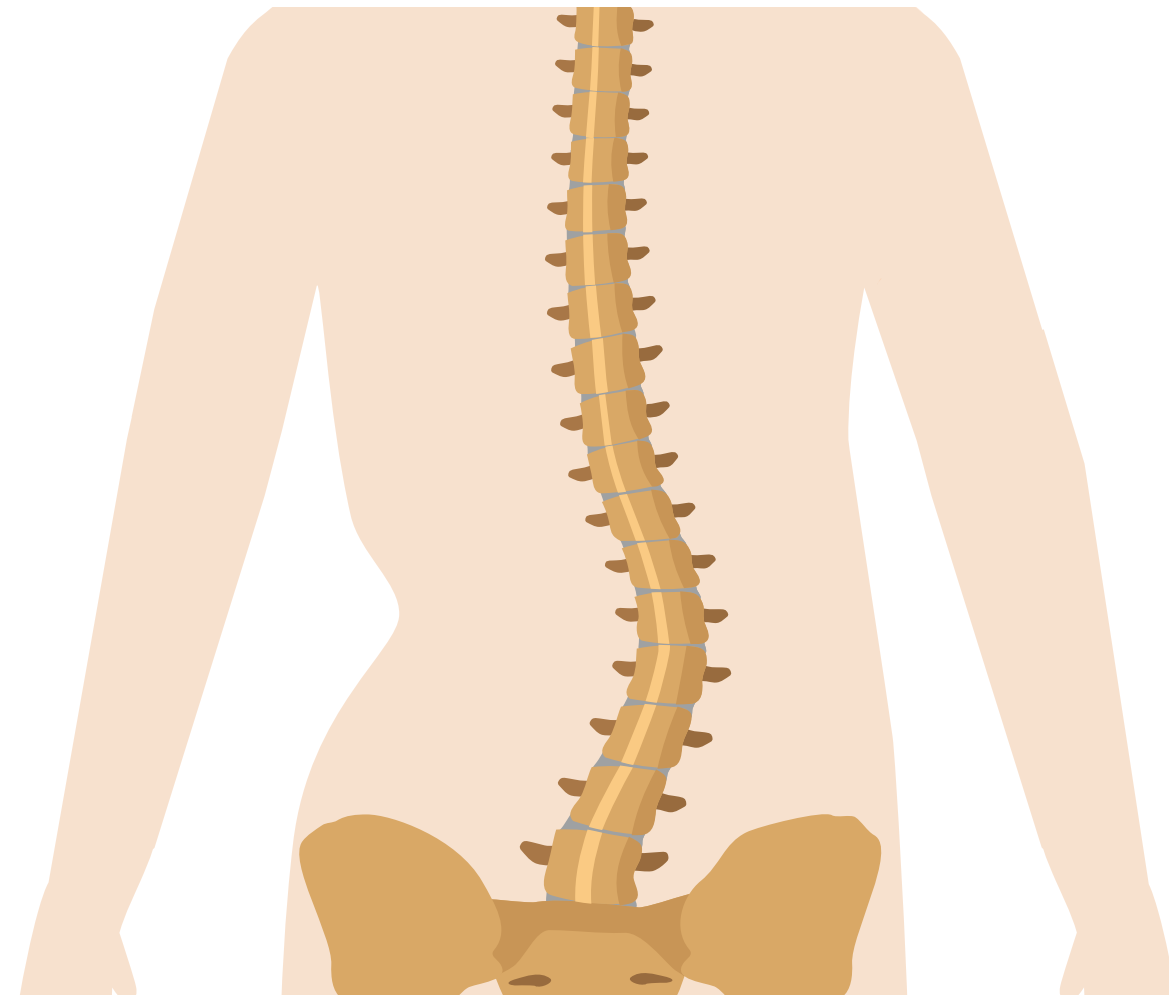


# Which is better: Operative or Nonoperative Treatment for Lumbar Scoliosis?

Lumbar scoliosis is the most common adult spinal deformity



Study evaluated effects of...



...treatment among patients with adult symptomatic lumbar scoliosis over a period of 2 years

As-treated analysis showed better outcomes for operative treatment at 2 years

	Operative group	Nonoperative group
<b>QOL improvement</b>	High	Low
<b>Rate of adverse events</b>	High	Low
<b>Crossover from assigned group</b>	Low	High

Intention-to-treat analysis was not concordant with 'As-treated' analysis due to increased crossover in the nonoperative group'

**Operative treatment is superior to nonoperative treatment in raising quality of life for adults with lumbar scoliosis**